



POCKETS OF HOPE

A non-profit organization that provides free hoodies with drainage bag pockets to women undergoing mastectomy surgeries.

Have extra fabric that you aren't going to use?

You can help by sewing it into pockets to attach to premade hoodies!

Pocket Sewing Instructions

- 1) Cut 2 pieces of cotton fabric 10" x 18".
- 2) Fold fabric in half, right sides together, to make a 10" x 9" piece. Sew up the left and right sides. Leave the bottom open. (No need to sew up bottom as it will be taken care of when attaching to hoodie.)
- 3) Flip inside out and press.
- 4) Repeat for 2nd piece.

For video instructions, see pinned post on Instagram @_pocketsofhope

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